# Acoustic Properties of Infant Directed Speech are Similar in Video Chat Versus In-Person Interactions



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#### PRESENTED AT:



## INTRODUCTION

- Caregivers speak to infants using infant-directed speech (IDS),<sup>1</sup> and infants respond to IDS with positive affect and attention<sup>4,9</sup>.
- IDS differs from adult-directed speech (ADS) by acoustic properties of high and variable fundamental frequency (mean-F<sub>0</sub> and F<sub>0</sub> range, respectively), short utterances, long pauses, and vowel alterations, which collectively contribute to the prosody or melodic properties of speech<sup>1,2</sup>.
- The prosody of IDS communicates caregivers' emotional intent<sup>3,6</sup>, affects infants' emotional regulation<sup>2,9</sup>, and recruits infants' attention<sup>4,5</sup>.
- Video chat (Skype, FaceTime) has become a widely used technology for infants to develop relationships and communicate with long-distance family members<sup>10</sup> and this widespread use has only increased due to the COVID-19 pandemic<sup>11</sup>.
- Studies have explored infant attention and learning over video chat, <sup>7,12</sup>but studies have not investigated if the acoustic properties of IDS are similar in face-to-face versus video chat interactions.

## **RESEARCH QUESTION**

Does the change in context between in-person versus video chat interactions affect the acoustic properties of mothers' IDS?

## METHODS

### Participants

- 29 mothers and their 5-month-old infants participated in free-play and video chat during a lab visit.
- 79% of participants reported their ethnicity as Caucasian, 10% as Hispanic, 7% as Asian, and 4% as African American.

### **Pitch Analysis**

• Audio samples from 29 mothers were collected in three experimental contexts:

1. 3-min free-play interaction of mothers with their 5-month-old infant





2. A Skype session between the same dyad discussing their weekly schedule (IDS)



3. A Skype conversation between the mother and an adult research assistant explaining her weekly schedule (ADS)



- Mother-infant free-play and Skype interactions were converted into WAV files using VLC Media Player.
- The first 10-s (after a 10-s warm-up period) of "uninterrupted vocalizations" from the mother in each of the three conditions were chosen for analysis according to the criteria established in Broesch and Bryant (2015).
- The mean- $F_0$  and  $F_0$  range of the mother's speech in three situations was processed using Praat Version 6.0.48.
  - Mean- $F_0$  was computed from the average of all  $F_0$  stimuli Praat recognized in the sample.
  - $F_0$  range was computed by taking the difference between the highest and lowest  $F_0s$ .

#### Analyses

- Dependent Measures: Mean- $F_0$  and  $F_0$  range derived from 10s of maternal speech
- Two Repeated Measures Anovas compared each dependent variable in the three contexts.

Anova 1: Mean-F <sub>0</sub>	Free-Play Mean-F <sub>0</sub>	x	IDS Skype Mean-F <sub>0</sub>	x	ADS Skype Mean-F <sub>0</sub>
Anova 2: F <sub>0</sub> Range	Free-Play F <sub>0</sub> Range	x	IDS Skype F₀ Range	x	ADS Skype $F_0$ Range





**Descriptive Statistics** 

	Mean-F <sub>0</sub> (Hz)	F₀ Range (Hz)
Free-	239.87	<b>345.76</b>
Play	(5.58 SE)	(13.89 SE)
IDS	248.98	<b>357.48</b>
Skype	(5.57 SE)	(12.97 SE)
ADS	200.41	<b>301.79</b>
Skype	(2.256 SE)	(12.43 SE)

### **Repeated Measures Anova 1**

Main Effect Mean-F<sub>0</sub>

F(1.38,38.86) = 25.70, p<.001

Greenhouse-Geisser Correction

Mean-F <sub>0</sub>				
Free-Play vs ADS Skype	<i>p</i> <.001			
IDS Skype vs ADS Skype	<i>p</i> <.001			
Free-Play vs IDS Skype	p=1			

### **Repeated Measures Anova 2**

Main Effect F<sub>0</sub> Range

F(2,56)=7.14, p=.002

F <sub>0</sub> Range				
Free-Play vs ADS Skype	<i>p</i> <.001			
IDS Skype vs ADS Skype	<i>p</i> <.001			
Free-Play vs IDS Skype	<i>p</i> =1			

## CONCLUSION

- The mean- $F_0$  and  $F_0$  range values for free-play and Skype IDS differed from those collected for ADS, as is typical in the literature<sup>1</sup>.
- No significant acoustic differences were found between mothers' IDS for in-person versus Skype interactions.
- This suggests that adults' speech to infants over video chat conveys some of the salient prosodic properties of IDS that communicate caregiver affect, regulate infants' emotion, and direct infant attention.
- This finding extends our knowledge that video chat can affect infant attention and learning to providing specific data on the actual input infants receive<sup>7,12</sup>.
- Further work is needed to explore additional characteristics of IDS prosody in video chat to fully elucidate its possible impacts on infants' socio-emotional development.
- Limitations of this study included a relatively small sample size that does not represent the racial makeup of the United States.

### **REFERENCES & ACKNOWLEDGMENTS**

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### AUTHOR INFORMATION

Madeline Hale is an undergraduate senior at the University of Texas at Dallas double majoring in Speech-Language Pathology & Audiology and Neuroscience. Her work with Dr. Melanie Spence in the Infant Learning Project has focused on the content and acoustic properties of infant-directed speech. This exploratory project formed the basis of her honors thesis that examines this same research question with additional participants and acoustic measures. In the fall, Madeline will begin her graduate studies in speechlanguage pathology.

Melanie Spence is Professor of Psychology at The University of Texas at Dallas (UTD) and serves as the Associate Dean for Undergraduate Education for the School of Behavioral and Brain Sciences at UTD. She received her Ph.D. from the University of North Carolina at Greensboro. She has been recognized as a Fellow of the Association for Psychological Science.

## ABSTRACT

Infant-directed speech (IDS) differs from adult-directed speech (ADS) in acoustic properties of high and variable frequency (mean- $F_0$  and  $F_0$  range, respectively), short utterances, and vowel alterations, which collectively contribute to the prosody of speech (Fernald et al., 1989; Kitamura et al., 2001). Salient acoustic characteristics of IDS have been linked to processes important for language acquisition, such as speech segmentation (Golinkoff et al., 2015). Additionally, IDS prosody plays a role in communication of caregivers' positive emotions and regulation of infants' emotional states during the first year (Fernald, 1992; Bryant & Barrett, 2007). For example, infants respond with greater positive affect to IDS than ADS (Werker and McLeod, 1989) and infants' preference for the emotional content of IDS differs across development (Kitamura et al., 2009), demonstrating caregiver-infant emotional communication in IDS.

In this age of technology, heightened by the COVID-19 pandemic, family members often communicate to infants over video chat. Research has not investigated whether IDS prosody varies significantly in face-to-face versus virtual interactions. The current study examines the differences in acoustic properties of IDS over Skype versus in-person play. Specifically, we analyzed the mean- $F_0$  and  $F_0$  range (minimum- $F_0$  subtracted from maximum- $F_0$ ) of 29 mothers in three conditions: (1) a 3-min free-play interaction with their 5-month-old infant, (2) a Skype session with their infant, and (3) a Skype conversation with an adult researcher. In Skype situations mothers were instructed to discuss their weekly schedule.

Videos of mother-infant free-play and Skype interactions were converted into WAV files using VLC Media Player. A 10-s warm-up period was given at the beginning of each recording to allow mothers to adjust to the lab environment. The next 10-s of uninterrupted vocalizations from the mother were analyzed in Praat version 6.0.48 according to the criteria established in Broesch and Bryant (2013).

The mean- $F_0$  and  $F_0$  range that typically distinguish IDS from ADS were consistent with those previously reported (Fernald, et al., 1989). Separate within-subject Anovas comparing mean- $F_0$  and  $F_0$  range across the three situations resulted in a significant main effect for mean-F0 (F(1.38,38.86) = 25.70, p<.001, Greenhouse-Geisser correction) and for  $F_0$  range (F(2,56)=7.14, p=.002). Post hoc pairwise comparisons revealed significant differences for mean- $F_0$  between free-play (M=239.87, SD=30.09) and ADS Skype (M=200.40, SD=13.76) (p<.001) and between IDS Skype (M=248.98, SD=29.99) and ADS Skype (p<.001), but not between free-play and IDS Skype (p=1.0). The same group differences were found for  $F_0$  range; free-play (M=345.76, SD=74.78) and IDS Skype (M=357.48, SD=69.84) did not differ (p=1.0), while both differed from ADS Skype (M=301.79, SD=66.92) (free-play vs. ADS p=.027, IDS Skype vs. ADS p=.001). These results suggest that adults' speech to infants over video chat conveys some of the salient prosodic properties of IDS that communicate and regulate emotion. They also extend knowledge of infant word learning from video chat interactions to the prosodic properties of the speech itself (Roseberry et al., 2014). Future directions should investigate whether other acoustic properties of IDS, such as slowed speaking rate and vowel hyper-articulation, are present in video chat interactions.

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